



Ref No

Date 30.05.2019

7.2.1 Best Practices of the Institute

- 1. Solid Bio-degradable Waste Management:** Gujarat Vidyapith has a fully functional solid bio-degradable waste management where all the kitchen waste and other plants waste are collected and processed for making organic manure out of it. Being a residential campus, large amount of kitchen waste is generated every day. organic waste from the canteen is also considerable. If all these waste materials are thrown into sewage, it will only clog the sewage and will result into water pollution. But using this organic waste to prepare manure not only stops the pollution but also results into natural manure for the gardens and green cover of the campus. The manure produced in rural campuses are used in agriculture. Gujarat Vidyapith does not believe in shifting of waste from one place to another. Rather it seeks to ensure that the waste is converted into something more useful. Students play an important role in the entire process. They are taught how to undertake this process and how this process is linked to conservation of natural environment and stopping the wastage of invaluable manure.
- 2. 21-Day Yoga Camp for Students:** In order to promote health awareness among the students, Gujarat Vidyapith organizes two camps of 21-Days each every year for the students. The first camp is for beginners where they are trained in simple asanas and the second camp provides advanced training. These camps have helped in a raising the average health of the students. Most of the students who attend the advance camp go on to pursue yoga as a life-long practice. Also, these students train other students in yoga practices.

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